

# 437: Creating Magic in Business

## 10 Point Checklist

Jennifer Lyall

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a 10 point checklist that gives the next, real steps you can take for introducing these insights and optimizing your life.

*Get* **YOURSELF OPTIMIZED**

HOSTED BY **STEPHAN SPENCER**



"A full inner battery allows you to thrive and see magic unfold."

**JENNIFER LYALL**

# 10 STEPS YOU CAN TAKE TODAY

**Want to take charge of your health, wellness, and success?  
Here are 10 steps that can move you closer to your goals – today.**

- Allow myself the freedom to explore what makes my heart sing. Give permission to step back and reflect on my passion and purpose.
- Explore spiritual practices such as crystals, pendulums, automatic writing, and meditation to tap into universal intelligence. This connection can guide my business decisions.
- Learn how to master my energy. As an entrepreneur, I will expand my personal awareness, clear energy blocks, and regularly check my inner battery.
- Integrate intuitive practices like automatic writing into my business strategy. Use intuitive guidance to shape programs, training, and client interactions.
- Build a supportive network of individuals who share my mindset and focus. Create a positive bubble around myself for a smoother journey.
- Emphasize the interconnected nature of everything and everyone. Reinforce the concept that self-healing contributes to collective healing.
- Shift my focus from predicting my future. Instead, actively create it through higher forces and by accepting invitations for positive change.
- Operate with humility and stewardship. Everything, including wealth and business, is part of a divine design.
- Shift my perspective to see divine timing and orchestration at play. Trust that events unfold in my life as part of a higher plan.
- To embark on a transformational journey with Jennifer Lyall, visit [jlyall.com](https://www.jlyall.com) and gain insights into her unique approach and the magic she brings to businesses.

To view the transcript, resource links and listen to the podcast, visit:

<https://www.getyourselfoptimized.com/creating-magic-in-business-with-jennifer-lyall/>