319: Hearing Business Strategies from God

10 Point Checklist

Perry Marshall

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a **10 point checklist** that gives the next, real steps you can take for introducing these insights and optimizing your life.



HOSTED BY STEPHAN SPENCER

"One of the great tragedies is that many people reduce God to a set of intellectual propositions. In reality, we're only dimly approximating a biblical thought. We're not defining it."

PERRY MARSHALL

10 STEPS YOU CAN TAKE TODAY

Want to take charge of your health, wellness, and success? Here are 10 steps that can move you closer to your goals – today.

| Don't be afraid to take risks. I'll never know unless I try. The only way to achieve |
|--|
| progress as a whole is when I learn to tolerate fear and anxiety in everything I do. |

- Maintain a sense of gratitude. List three things I am grateful for every day, even if it's difficult to find what I can be thankful for sometimes.
- Listen more. Absorb more information around me by listening in the hopes that I begin to understand the world around me.
- Spend more time with people who emanate a higher vibration. Surround myself with peers who can help me become a better person.
- Nourish and feed my spirituality. Find ways to help strengthen my faith and belief in a higher power.
- Aim for synchronization in my career and personal life. Achieve a sense of balance and peace when I begin to understand how we're all connected, and we're put on this Earth to achieve the greater good.
- Ask the right questions if I want to get the best answers. Seek clarity and peace to live a happy and fulfilled life.
- ☐ Just do it! Go for what my heart desires and never turn down a calling. Sometimes the mission I need to complete in this life comes to me most unexpectedly.
- ☐ Keep having faith in God. Believe that everything happens for a reason and the universe conspires for me to achieve my goals.
- Grab a copy of Perry Marshall's book, <u>Memos from the Head Office: Channeling the</u> <u>Muse in Business and in Life</u>.

To view the transcript, resource links and listen to the podcast, visit:

https://www.getyourselfoptimized.com/hearing-business-strategies-from-god-with-perrymarshall/