292: Unconventional Wisdom, Uncommon Success

10 Point Checklist

John Lee Dumas

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a **10 point checklist** that gives the next, real steps you can take for introducing these insights and optimizing your life.



HOSTED BY STEPHAN SPENCER

"Entrepreneurship is years of tweaking, adjusting, pivoting, improving, failing, learning to get the business to where it is now."

JOHN LEE DUMAS

10 STEPS YOU CAN TAKE TODAY

Want to take charge of your health, wellness, and success? Here are 10 steps that can move you closer to your goals – today.

- Connect and talk to the experts in my industry. There's no better way to learn than learning from the best. Besides reading their books, going to their events, or watching their content, running a podcast and inviting them to be a guest is an excellent way to communicate with them directly.
- Keep honing my craft. Aim to keep improving my knowledge and skills in whatever I decide to do in life. Doing so puts my authority at an advantage.
- Don't come unarmed. Learn as much as I can about the basics in business to ensure finances are in place, and the company achieves steady growth.
- Optimize my health as much as I optimize my skills. Health is the number one underlying factor in how good I can become in accomplishing things. The healthier I am, the more I can achieve over time.
- Dispel my doubts and fears. Be confident enough to face whatever trials and tribulations I bump into on my journey to success. Failure will always be part of the journey. More often than not, it will become my most valuable lessons.
- Learn from other people's mistakes and ensure that I don't end up in the same trap. It's good to try things out but be cautious enough not to cause colossal damage to my business.
- Continue to search for inspiration around me. It can be from a well-written book, the people I meet, and the society I am a part of. Let this inspiration become my motivation in making an impact on the world.
- Be a trustworthy source of information. Create an outstanding website that continues to give value to its visitors.
- Look after future generations. Be conscious enough about my present actions and think about how they will affect tomorrow.
- Grab a copy of John Lee Dumas' latest book, <u>The Common Path to Uncommon Success: A</u> <u>Roadmap to Financial Freedom and Fulfillment</u>.
- To view the transcript, resource links and listen to the podcast, visit:
- https://www.getyourselfoptimized.com/unconventional-wisdom-uncommon-success-with-johnlee-dumas