

# 134: The Spiritual Underpinnings of Financial Success

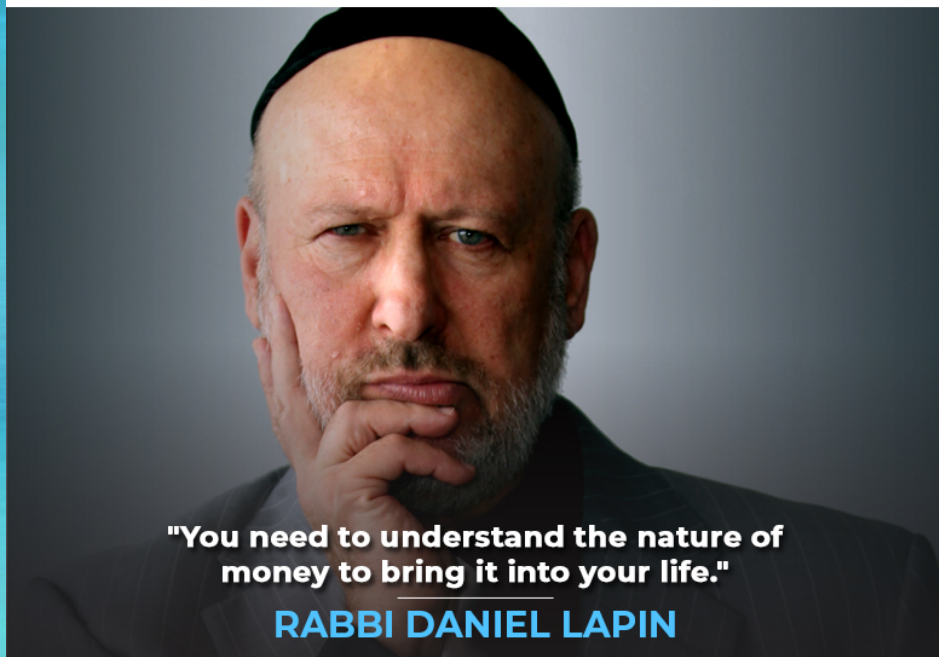
## 10 Point Checklist

### Rabbi Daniel Lapin

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a **10 point checklist** that gives the next, real steps you can take for introducing these insights and optimizing your life.

*Get* **YOURSELF OPTIMIZED**

HOSTED BY **STEPHAN SPENCER**



**"You need to understand the nature of money to bring it into your life."**

**RABBI DANIEL LAPIN**

# 10 STEPS YOU CAN TAKE TODAY

**Want to take charge of your health, wellness, and success?  
Here are 10 steps that can move you closer to your goals – today.**

- Aim to create an environment that is beneficial to myself and others so that the exchange of positivity can bring good fortune.
- Focus on serving others first. Make their lives better and money will come naturally.
- Change my mindset about money. It isn't the root of evil but rather the source of love and attachment.
- Create a strong connection between my spirituality and my money to know the true importance of abundance in my life.
- Differentiate my physical and spiritual needs. Be able to separate the two so that I can have a deeper, more profound relationship with material fortune.
- Clearly determine my reason for pursuing money and reflect on what I truly want in life.
- Don't ask for material things in my prayers. Instead, pray to become better in business and for financial security.
- Treat money like the saying, "don't eat more than you can chew." Know when I have enough and give extra to those in need.
- Always create and maintain good relationships when making financial transactions. Never retire this practice.
- Grab a copy of Rabbi Lapin's books, [Thou Shall Prosper](#) and [Business Secrets from the Bible](#), to find a deeper meaning in my spiritual and business endeavors.

To view the transcript, resource links and listen to the podcast, visit:

<https://www.getyourselfoptimized.com/spiritual-underpinnings-financial-success-rabbi-daniel-lapin/>