134: The Spiritual Underpinnings of Financial Success

10 Point Checklist

Rabbi Daniel Lapin

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a 10 point checklist that gives the next, real steps you can take for introducing these insights and optimizing your life.
10 STEPS YOU CAN TAKE TODAY

Want to take charge of your health, wellness, and success? Here are 10 steps that can move you closer to your goals – today.

☐ Aim to create an environment that is beneficial to myself and others so that the exchange of positivity can bring good fortune.

☐ Focus on serving others first. Make their lives better and money will come naturally.

☐ Change my mindset about money. It isn’t the root of evil but rather the source of love and attachment.

☐ Create a strong connection between my spirituality and my money to know the true importance of abundance in my life.

☐ Differentiate my physical and spiritual needs. Be able to separate the two so that I can have a deeper, more profound relationship with material fortune.

☐ Clearly determine my reason for pursuing money and reflect on what I truly want in life.

☐ Don’t ask for material things in my prayers. Instead, pray to become better in business and for financial security.

☐ Treat money like the saying, “don’t eat more than you can chew.” Know when I have enough and give extra to those in need.

☐ Always create and maintain good relationships when making financial transactions. Never retire this practice.

☐ Grab a copy of Rabbi Lapin’s books, Thou Shall Prosper and Business Secrets from the Bible, to find a deeper meaning in my spiritual and business endeavors.

To view the transcript, resource links and listen to the podcast, visit:


© 2018 Stephan Spencer