

# 143: Creating Money Instead Of Earning It

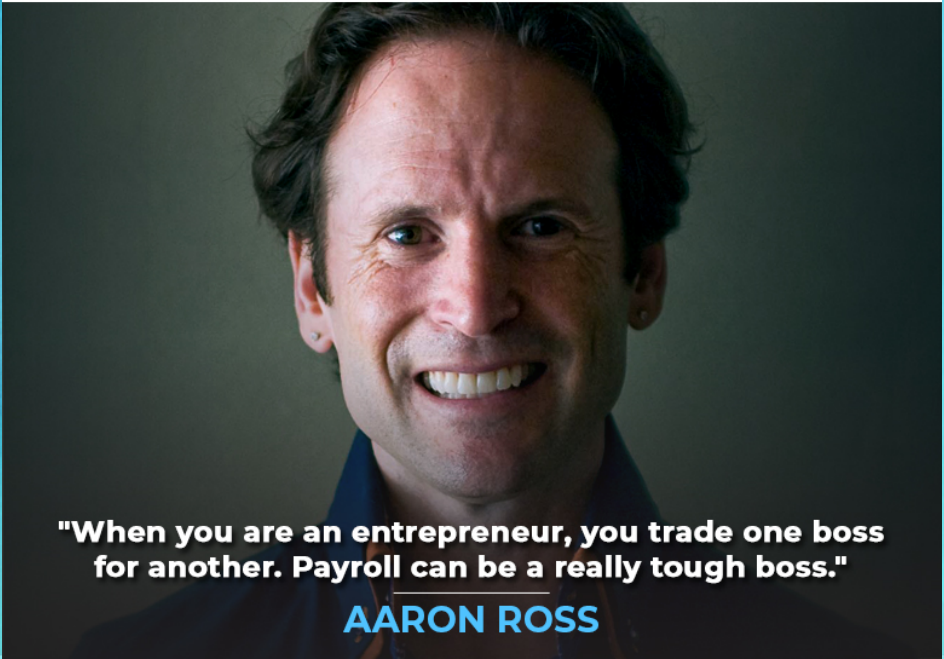
## 10 Point Checklist

**Aaron Ross**

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a **10 point checklist** that gives the next, real steps you can take for introducing these insights and optimizing your life.

*Get* **YOURSELF OPTIMIZED**

HOSTED BY **STEPHAN SPENCER**



**"When you are an entrepreneur, you trade one boss for another. Payroll can be a really tough boss."**

**AARON ROSS**

# 10 STEPS YOU CAN TAKE TODAY

**Want to take charge of your health, wellness, and success?  
Here are 10 steps that can move you closer to your goals – today.**

- Be proactive and make things happen. Goal setting is key but putting things into action accomplishes far more.
- Don't wait for others to initiate on helping me. Asking for help is good but take the lead and find ways to improve my skill and work performance.
- Take ownership of my work. Make sure to give 100% in whatever I do for the sake of my name and integrity.
- Don't dwell too long in a toxic situation. Toxic colleagues, bosses or clients can be inevitable but it's still my choice on how much to tolerate.
- Get to know my team and help them get to know themselves through personality tests such as [StrengthsFinder](#), [DiSC](#) and [Myers-Briggs](#).
- Stay hungry for progress and knowledge. Continue to learn and find ways to optimize my personal and professional life.
- Get out of my comfort zone. Great things happen when I take a leap of faith and just do what I've always wanted.
- Find my passion and keep doing what I love. Success occurs when I don't feel like it's work because I'm living my dream.
- Write a bucket list of things I want to do before I die. There is power in visualization and in thoughts becoming a reality.
- Block time off on my calendar and spend time with what's important – my family, a hobby or some alone time.

To view the transcript, resource links and listen to the podcast, visit:

<https://www.getyourselfoptimized.com/creating-money-instead-of-earning-it-aaron-ross/>