# 106: Transform Your Relationship With Money

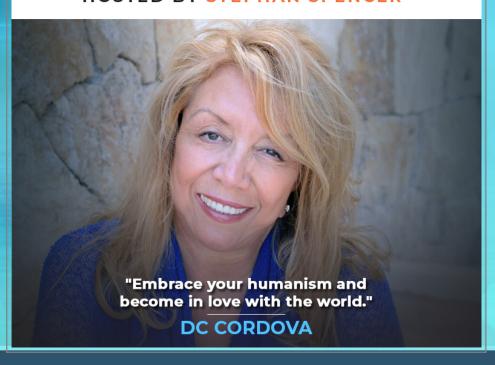
## **10 Point Checklist**

## **DC Cordova**

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a **10 point checklist** that gives the next, real steps you can take for introducing these insights and optimizing your life.

## Get YOURSELF OPTIMIZED

#### HOSTED BY STEPHAN SPENCER



## 10 STEPS YOU CAN TAKE TODAY

Want to take charge of your health, wellness, and success? Here are 10 steps that can move you closer to your goals – today.

|              | Find ways to add value to humanity and society instead of having a negative impact on the world.   |
|--------------|--|
|              | View money as an exchange of energy more than just a currency. Money is spiritual because it is an extension of myself as an energetic being.                            |
|              | Let my entrepreneurial efforts strive to solve people's problems rather than just making it solely a money-making endeavor. Doing so creates wealth in a fulfilling way. |
|              | Realize that money is just a tool of exchange. Acquiring true wealth involves greater concepts such as time and impact.  |
|              | Open myself up to different learning patterns and types of thinking so that I begin to have a wider understanding of the world.  |
|              | Take control of my social media universe. I have the power to let it be a positive or negative influence in my life.   |
|              | Learn from teachers and mentors that are masterful in their own field by attending events such as conferences, seminars, retreats and meet ups.                          |
|              | Create a unique niche or improve on an existing one. Then leverage it through tools learned from my mentor.  |
|              | Use the principles of synergy to create remarkable results. Have a team with aligned values and a clear cut measurable system for achieving results.                     |
|              | Become a master of my own emotions, feelings, and behavior by meditating.  Remember to take three deep breaths before reacting or making decisions.                      |
| То           | view the transcript, resource links and listen to the podcast, visit:  |
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