062: Building a Virtual Team that Supports Your Entrepreneurial Journey
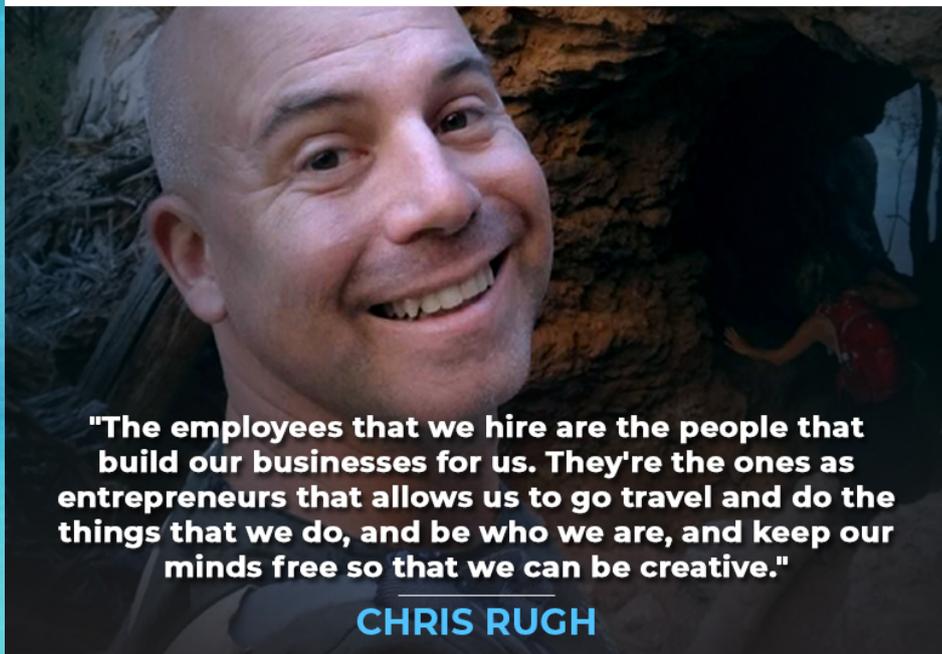
10 Point Checklist

Chris Rugh

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a **10 point checklist** that gives the next, real steps you can take for introducing these insights and optimizing your life.

Get YOURSELF OPTIMIZED

HOSTED BY STEPHAN SPENCER

"The employees that we hire are the people that build our businesses for us. They're the ones as entrepreneurs that allows us to go travel and do the things that we do, and be who we are, and keep our minds free so that we can be creative."

CHRIS RUGH

10 STEPS YOU CAN TAKE TODAY

**Want to take charge of your health, wellness, and success?
Here are 10 steps that can move you closer to your goals – today.**

- ☐ Focus on what you do best and hire outsourced help. Start with whatever you're least good at and build a team around that.

- ☐ Don't interview your outsourcing candidates or take them through a long hiring process. Give them a quick, small task, and you'll figure out who you really want to work with.

- ☐ Know the cultures of your employee's home countries. Some cultures focus on hard work, while others rely on micro-management.

- ☐ Check-in every day with new employees and at least once a week with regular employees. Chris uses a SaaS program called 15Five.

- ☐ Consider hiring your outsourced help from the same country. They'll be able to work together and communicate better.

- ☐ Don't derogatorily refer to your employees. They are what help you build your business and free up your time to be creative. People are not assets; they are human beings.

- ☐ Start single-tasking. Focus on the one thing you need to do, and do it until you get it done. You'll get rid of all the other garbage that is distracting. Your brain has a time lag when you change thoughts; by minimizing that, you'll gain months of your life.

- ☐ Create a workspace that you enjoy being in physically. Make sure it's quiet and doesn't have a lot of distractions.

- ☐ Determine where you focus best and spend more time in that environment. Some people book long flights to finish a project while others find a silent space.

- ☐ Check out Chris' website to learn more about his work, and check out his book, 1-800-Awesome: Tactics for Making $10,000 an Hour.

To view the transcript, resource links and listen to the podcast, visit:

https://www.getyourselfoptimized.com/building-virtual-team-supports-entrepreneurial-journey-chris-rugh/