

049: The Personal Development Habits that Create Wealth

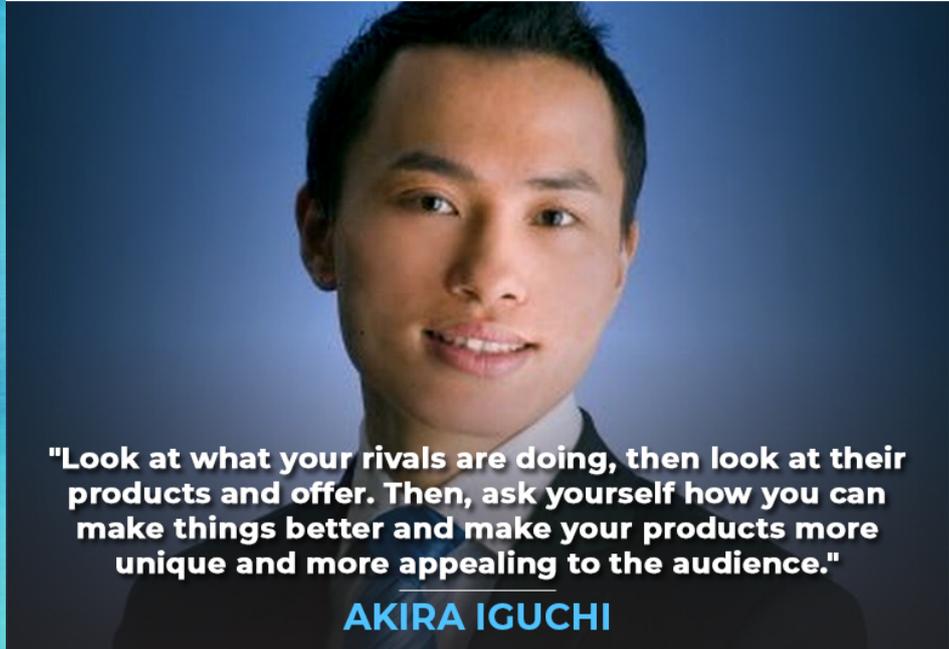
10 Point Checklist

Akira Iguchi

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a **10 point checklist** that gives the next, real steps you can take for introducing these insights and optimizing your life.

Get **YOURSELF OPTIMIZED**

HOSTED BY **STEPHAN SPENCER**



"Look at what your rivals are doing, then look at their products and offer. Then, ask yourself how you can make things better and make your products more unique and more appealing to the audience."

AKIRA IGUCHI

10 STEPS YOU CAN TAKE TODAY

**Want to take charge of your health, wellness, and success?
Here are 10 steps that can move you closer to your goals – today.**

- Invest in personal development and business masterminds if you want to become a millionaire. If you are going to be the best, you have to learn from the best.
- Changing yourself is not easy, and takes trial and error. Try different types of coaching, methodology, and even meditation to help you find the path to success that works best for you.
- Check out Akira's podcast, where he interviews fellow entrepreneurs and professionals who have carved their own path in life.
- Your past does not determine your future. If you're struggling, finding a way to invest in learning from others in your ideal industry can help you to move forward.
- Seek out and become friends with people who are serious about becoming more successful, richer, and healthier. Our lives are impacted by the people that we surround ourselves with.
- Always build relationships. When you show value and build trust, people will choose your events over others.
- When planning for an online launch, give your clients a unique offer. Research what your competitors are offering and ask yourself how you can make it better, and more appealing.
- If you want to become a millionaire, you have to put in the work. You may be passionate, but you also have to match the drive, the desire to work, and the desire to make the world a better place.
- Commit to at least one personal development or learning experience every month. There are many live events and online classes you can take, you can hire a coach, or you can even just watch free videos and webinars online.
- Create a business game plan before giving up your day job. Working long hours will be worth it when you are able to confidently leave your job to follow your dreams.

To view the transcript, resource links and listen to the podcast, visit:

<https://www.getyourselfoptimized.com/personal-development-habits-create-wealth-akira-iguchi/>