

170: Steal These Leadership Strategies

10 Point Checklist

Scott Eck

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a 10 point checklist that gives the next, real steps you can take for introducing these insights and optimizing your life.

Get **YOURSELF OPTIMIZED**

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10 STEPS YOU CAN TAKE TODAY

**Want to take charge of your health, wellness, and success?
Here are 10 steps that can move you closer to your goals – today.**

- ☐ Authentically look for the best in each individual. Rather than seeing someone as a threat, look for their potential and explore ways to collaborate and get more done effectively and efficiently.
- ☐ Keep my ego in check. Have the humility to recognize other people's talents, give voice to them and support them.
- ☐ Learn Scott's Rules of Status and discover useful application for my personal and leadership growth.
- ☐ Accelerate growth by operating on an equal high-status basis together with the people around me.
- ☐ Retrain my brain into acknowledging the personal value and strength of others. Find the common ground.
- ☐ Face conflict with the intention of knowing the backstory first. Do not react but aim to respond. As Nelson Mandela said, "Our reaction is the enemy."
- ☐ Be compassionate, patient, gracious, gentle and kind in dealing with a person's backstory.
- ☐ Create high-status environments for the younger generation. They are the future. Expose them to an environment where they have the opportunity to add value and create a positive impact.
- ☐ Discover and experience an innovative way of leadership training through Scott's leadership theater events. Participate in events like [Shackleton Experience](#), The Mandela Architecture, [Elizabeth I: Diversity & Governance](#), [The Enigma Team](#).
- ☐ Grab a copy of Scott's book called [The Status Solution](#) and understand the five rules of status that I can apply to help innovate my leadership and influence.

To view the transcript, resource links and listen to the podcast, visit:

<https://www.getyourselfoptimized.com/steal-these-leadership-strategies-with-scott-eck/>